

Alicia Overmiller

Biography

- Dallastown Area School District
- York Township Elementary School
- 3rd Grade teacher
- Have taught 3rd, 4th, 5th, and 6th grades
- 13th year teaching
- When I'm not at school, I enjoy spending time with my family (husband, who is also a teacher and 2 daughters, ages 4 and 6)



Roads to Success
3rd Grade Lesson Plan
Alicia Overmiller
Dallastown Area School District



SWBAT:

- Identify attitudes and behaviors that lead to successful behavior.
- Demonstrate how effort and persistence positively affect learning
- Develop an awareness of personal abilities, skills, interests and motivations

Relevancy:

- Students will understand the meaning of being encouraged, ways to stick to a goal, the value of encouraging others and the importance of overcoming obstacles.

Materials:

- 212 degrees video
- Game boards
- Playing pieces
- Markers
- Notecards

Time:

- 60-75 minutes

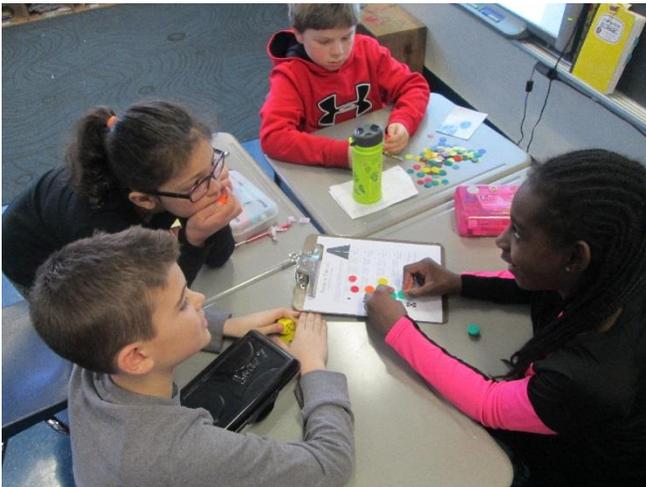
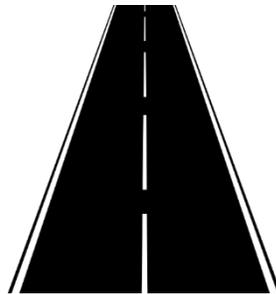
Procedure:

- Start the 212 degree video <http://www.teachertube.com/video/212-degrees-46065>
- Discuss and reflect on the video as a whole class
Questions and prompts include:
What keeps you from pushing through to the extra degree? Have you motivated or encouraged someone before? What did you say or do that helped? Why do you think it's important or valuable to know how to work hard and push yourself? Do you think perseverance develops quickly or over time? How does attitude affect your ability to overcome obstacles and achieve goals? What do you tell yourself that helps keep you going?

- Divide students into pre-arranged groups. Explain the “Roads to Success game.” Hand out game pieces and game boards.
- Allow students to play game for 15-20 minutes.
- Ask volunteers to share/reflect on the game (questions asked, answers given, insightful comments)
- Ask students to get index cards and markers from the table, and create a motivational mini poster for on their desk. Display quotes and sayings on the interactive white board or screen that students can use on their poster/sign. Motivational quotes can include those from the "212 - The Extra Degree" video.
- Ask students to share their motivational mini posters. Post them in the classroom or in the hallway outside the classroom

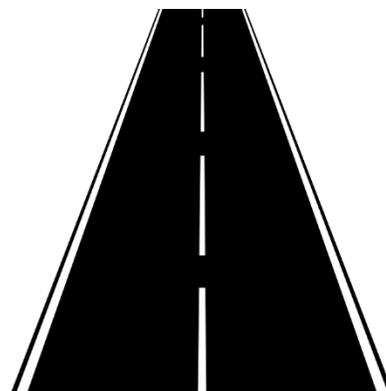
Assessment:

- Verbal assessment - students share their personal experiences of overcoming obstacles and helping others by motivating and encouraging them to press forward during game play.
- Written assessment - students share their motivational mini posters.



Roads to Success

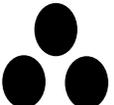
A Game For 2-4 players

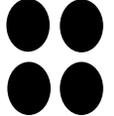


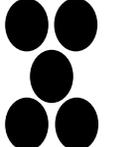
Directions: Each person should choose a set of colored playing pieces. Youngest player goes first. Roll the dice. Whichever side comes up, put your piece on that "road" on the board. Answer the first question on your road correctly and place your colored playing piece on it. First person to put their playing piece on the last question on the "road" wins.

	Your teacher says there's been a change in plans—no field trip today. What do you do? What's your attitude?	Your friend calls at the last minute to cancel your sleepover. What do you say to your friend?	After Christmas break, you listen as all of your friends brag about how much more stuff they got than you. What do you say?	A friend calls to tell you they've been assigned to the coolest teacher's homeroom for 4 th grade. What do you say?	212 degrees of Attitude
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	Agree or disagree with this statement: I am in charge of my life. I am responsible for what I make of each situation.	Agree or disagree with this statement: I can make tomorrow better than today.	Agree or disagree with this statement: I do need the approval of others to succeed.	Agree or disagree with this statement: Positive thoughts and thinking are powerful!	212 degrees of Belief
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	In order to focus, you must be a good listener. Name 2-3 times when it's important to be a good listener.	You are super busy with lots to get done. Is it okay to multi-task and do more than one thing at a time? Why or why not?	Time for dinner with the family! How can you show them that they are getting your undivided attention?	Homework time! Name at least 1-2 things that help you to focus and 1-2 things that distract you.	212 degrees of Focus
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	Your school is collecting supplies for troops overseas. How can you show your giving spirit?	You see a friend of yours at recess sitting off by him/herself. What do you do to show them kindness?	Name a random act of kindness that you could do for someone in your neighborhood.	One of your siblings is sick. What could you do for him/her to show you care?	212 degrees of Kindness
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	What are 1 or 2 goals you have for yourself right now? How might you go about achieving those goals?	Explain the connection between hard work and success. Give 1 example from your life.	Think of a book you've read where the main character had to overcome an obstacle. Share the obstacle and how he/she overcame it.	Think of a famous person who's had to overcome obstacles. What makes them so inspirational?	212 degrees of Perseverance
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